

BUILDING SOLID SKILLS EVERY EPISODE, EVERY SEASON.

The SHRM PMQ emphasizes the three major skill areas all high-performing managers possess: Communication, Management Basics and Performance Management. Across three seasons and 30 "binge-worthy" episodes outlined here, your People Managers will pick up dozens of practical, "real world" skills needed to be successful team leaders in today's workplace.

Episode 1: Promotion	Episode 2: Shifts	Episode 3: A Little Help, Plz
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Episode 4: Get Out	Episode 5: Like This	Episode 6: Text Me, Maybe?
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Episode 7: Man in the Middle	e Episode 8: Time Flies	Episode 9: Shed the Weight
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SEASON 1

S1 E1	 Promotion Transition from Individual Contributor to People Manager
S1 E2	 Shifts Communication to team Self awareness Prioritization (lightly) Delivering feedback Topics to know and understand across business (goals, budgets, finance fundamentals)
S1 E3	- A Little Help, Plz - Use of coaches and mentors
S1 E4	- Get Out - Communicating with the team
S1 E5	- Like This - Social media policies
S1 E6	 Text Me, Maybe? Informal performance management to address under-performance How to connect with your team Listening (open-ended questions/ask don't tell)
S1 E7	 Man in the Middle Use of personal data (personally identifiable information) Data and security
S1 E8	 Time Flies Time management Performance management (how to write a performance review) Productive meetings and organization tips
S1 E9	- Shed the Weight - Delegating work (transition from doing to managing)
S1 Finale	 Assessment with Two Attempts Learner must achieve passing score in order to unlock Season 2 content

SEASON 2

S2 E1	
	 Lonely at the Top Delegating work (transition from doing to managing) Team Culture (setting the tone, being proactive)
S2 E2	 Culture is King Managing team culture Components of a strong culture
S2 E3	 Step into my Office Difficult conversations Laws and Compliance foundation (Civil Rights Acts, ADEA and ADA) GROW model for coaching
S2 E4	 The Meme Bullying characteristics and implications on the workplace Communication types, styles and challenges Distractions (physical interference and psychological interference) Judgment awareness
S2 E5	 The Dream Communicating to leadership ("up") Quantitative data vs. qualitative data Sharing bad news
S2 E6	 The Training Emotional intelligence (what it is and why it is important to a people manager) TEA principle (Thoughts, Emotions, Actions)
S2 E7	 Take the Reins Job descriptions Job postings Interviewing preparations and tips (preparation, openended questions, what can/can't ask) When and how to collaborate with HR and your supervisor Forward filling vs. backward filling
S2 E8	 Take the Reins II Job offers, compensation and negotiation
S2 E9	Get OnboardPreboarding, orientation and onboarding
	- Assessment with Two Attempts

- through a mental health struggle
- - Learn what resources are available to support wellbeing
- • both for you and your employees
- •••

SEASON 3



- Assessment with One attempt

Series

Finale

- Learner must achieve passing score in order to earn the People Manager Quantification and digital bage.